

PEDIATRIC PAIN AND PALLIATIVE PROGRAM

UCLA MATTLE CHILDREN'S
HOSPITAL



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3RD YEAR PEDIATRIC RESIDENT

OBJECTIVES

- To gain knowledge in pain and palliative care
- To learn how the interdisciplinary team works
- To find opportunity studying in pediatric palliative program in the future

Julianne Harrison, DO

-Program director of pain
and palliative

-Pediatric critical care staff

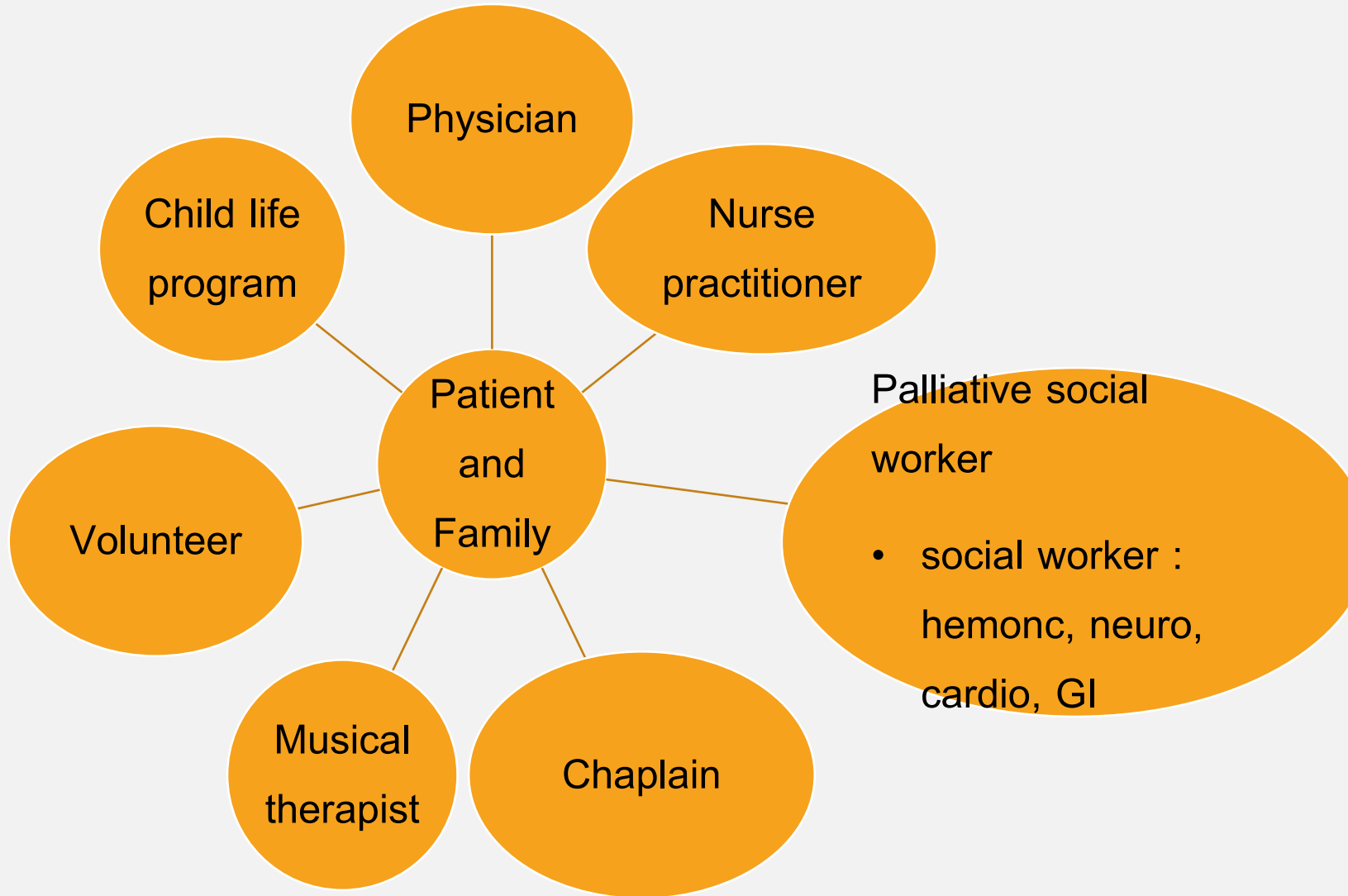




Ari

-Pediatric nurse
practitioner

INTERDISCIPLINARY TEAM



SCOPE

- OPD : pain and palliative clinic
- IPD : consultation , symptomatic approach, comfort care , interdisciplinary round
- Bereavement and support resource
- Palliative Care Research and Program Development
- Childhood Pain Research Program

HOW TO APPROACH PATIENT

- Acute and chronic pain
 - Drugs
 - Opioids : hydromorphone, oxycodone, methadone
 - Naloxone
 - Synthetic cannabinoids : Marinol® (dronabinol)
- Nausea and vomiting
- Insomnia
- Psychosocial support
- Spiritual support

COMPLEMENTARY AND ALTERNATIVE MEDICINE

- Aromatherapy
- Mindfulness therapy
- Urban Zen Integrative therapy
- Heart touch massage
- Music therapy

AROMATHERAPY

Essential Oils Usage Guide

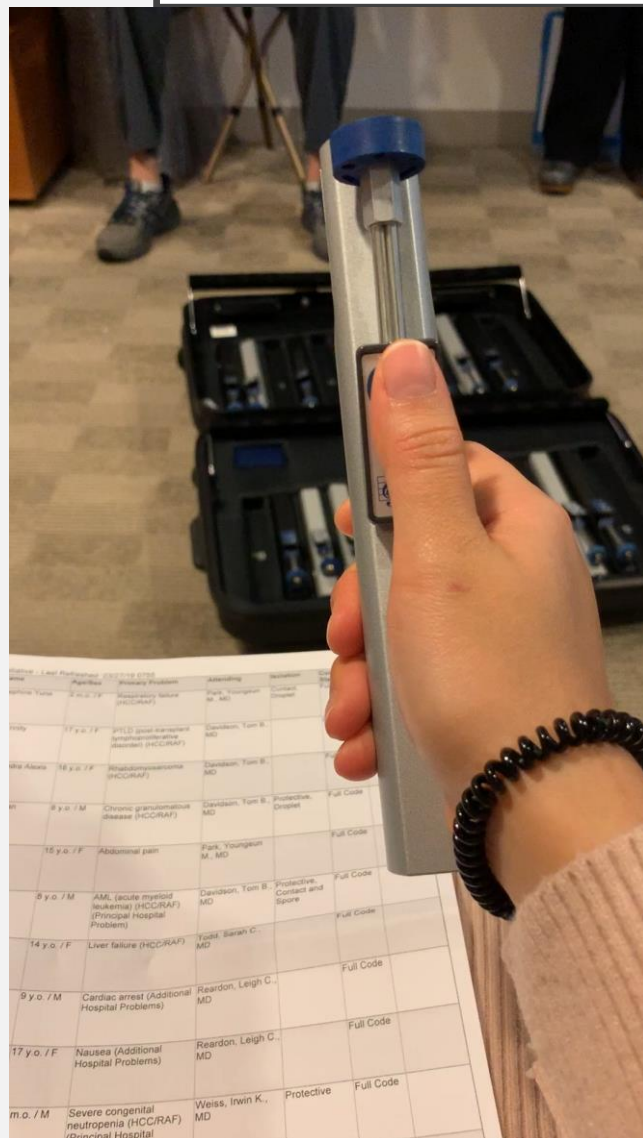
UCLA Health

	GINGER	PEPPERMINT	LAVENDER	PAN-AWAY	LEMON
PROPERTIES	Digestive aid and warming	Digestive aid, cooling, can be stimulating	Calming, soothing	Soothing and stimulating	Mood elevating, calming, digestive aid
USES	Nausea, vomiting, promotes sense of confidence and strength	Nausea, pain, mental clarity, uplifting	Promotes relaxation and rest	Pain	Uplifting, yet promotes peace and calm
BLENDS WELL WITH:	Blends well w/peppermint	Blends well with lemon, ginger or lavender	Blends well with lemon or peppermint	Blends well with peppermint or lavender	Blends well with lavender, peppermint and ginger
PRECAUTIONS		Avoid use on children under 30 months	Not for use with low blood pressure	Contains Wintergreen: Not to be used if patient is on blood thinning medication.	
UZIT APPLICATIONS	NAUSEA	NAUSEA, PAIN, ANXIETY, CONSTIPATION, EXHAUSTION (And needs to stay alert)	PAIN, ANXIETY, INSOMNIA, EXHAUSTION	PAIN	ANXIETY, NAUSEA, EXHAUSTION

Application: Use 1-3 drops of the essential oil on a tissue and place near patient's nose, on chest or on pillow so patient can easily inhale. Inform patient to avoid contact with eyes.

Restocking: Oils are available through Materials Management and should be charged to your unit.

MUSIC THERAPY



CHILD LIFE PROGRAM

- Procedure support
- Play therapy
- Family resource
- Make a wish

Come join us for a movie day!

Featuring movie: **Captain Marvel**

Rated PG-13



When: Thur. March 28, 2019
@ 1:45pm

Where: 3rd Floor Playroom
Room 3508

Who: Pediatric patients &
their family



BENEFITS

- Able to manage acute and chronic pain control
- Able to approach patient in term of palliative IPD round
- Experience in observing the tetrahydrocannabinol using
- Know how the interdisciplinary team works
- Develop the pediatric pain and palliative program for Siriraj Hospital

ENHANCING QUALITY OF LIFE

THANK YOU