



Faculty of Medicine Siriraj Hospital, Mahidol University

Siriraj Resident Exchange Program

To Juntendo University Hospital and Tokyo Medical and
Dental University Hospital, Japan
From 10/14/19 to 11/08/19



Name: Pitchayah Laohachai

ID: 10031408

Study Year: 3rd year Ophthalmology Resident

Overseas Clinical Elective Rotation Final Report

1. Introduction

- I am a 3rd year ophthalmology resident in Siriraj hospital

2. University Review

- Juntendo university hospital is a private hospital and first medical school in Japan to adopt western medicine

- Tokyo Medical and Dental University is the national university famous for research studies

- The reason I choose Juntendo university hospital is to observe residency training program and work flow of ophthalmologist in private hospital.

- The reason I choose Tokyo Medical and Dental university hospital is to observe Pathologic myopia clinic and their famous uveitis clinic.

3. Expectation and Objective

- I want to know how they do morning round and work in outpatient department, their surgical technique, modern technology that enhances their work and residency training program in Japan.

4. Knowledge/Experience gained

- I have learned scleral tunnel technique in cataract surgery, tinted IOL for every cataract patient in Japan, trabeculotomy in adult, IL-6/IL-10 to help diagnose intraocular lymphoma, sIL-R2 to diagnose sarcoidosis and HTLV-1.

- Juntendo university hospital: Yamaguchi, TMDU hospital: Tae Yokoi

- Juntendo university hospital is private hospital, so they mainly educate via service and they are also conservative in surgical technique.

- Tokyo Medical and Dental university hospital has main interest in research, they conduct lots research and teach their residence with modern knowledge.

5. Benefits

- Juntendo university hospital: I learn how they manage their workflow in operation room and in their morning round so I can use to improve our workflow in Siriraj hospital and in my future hospital.

- Tokyo Medical and Dental university: I learn about pathologic myopia and slowing myopia progression in terms of diagnosis and treatments.

6. Life in abroad

- Juntendo university hospital: I learn their surgical technique and work via observation.
- Tokyo Medical and Dental university hospital: They teach me everything such as diagnostic approach, treatments and surgical technique. They are really nice but only sensei can speak English fluently, few of their residents can speak English.

7. Future plan

- I keep in touch with Japanese ophthalmology residents and sensei. I will share my knowledge with them and hope they would share their modern knowledge with me.

8. Recommendations

- Juntendo university hospital: Their efficient workflow can be observe that would help to enhance workflow in our hospital.
- Tokyo Medical and Dental university hospital: Good for learning especially in the topic of Pathologic myopia and Uveitis.
- I think this program is very good and don't need any improvement.