

What we can do?

Pressure ulcer in Palliative patient

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The Prevalence of Pressure ulcer in palliative care patient in UK. is 24%. That is associated with multiple risk factors such as immobilization, malnutrition, dehydration, fecal/urinary incontinence, advance disease and comorbid conditions.

The goal of palliative care is to relieve suffering and improve quality of life. It addresses physical, psychological, social, spiritual, and their associated expectations, need, hope, fear, it also serves to treat all active issues and prevent new issues from occurring, including wound care.

Case Report

A 95 years old man was diagnosed Parkinsonism, BPH and HT. After falling he was bedbound and he had pressure ulcer stage 3 at spinous process for 3 months later. Wound size 5x11x0.5 cms. Wound bed shown yellow slough 40% and granulation tissue 60%, wound edge has maceration, excessive exudates and odor nil.



Intervention

The goals of palliative wound care include reducing pain, odor, exudates, bleeding and infection and increase the patient's comfort. Treatment procedure are mentioned below

1. Cleansing with normal saline irrigation technique to effectively remove residual on wound bed.
2. Removes slough and biofilm with packing 0.1% polihexanide plus 0.1 % betaine for 15 minutes. Then protecting surrounding skin with skin barrier film.
3. Correct excessive exudates applying as primary dressing with Hydrofiber Ag then secondary dressing with Hydrofiber foam offers keep moist environment and gentle for elderly skin.



Result

About 4 weeks after starting wound care, Psychological and Pressure ulcer were improved. Wound size 2x8x0.1cms. Wound bed show yellow slough 20% and granulation tissue 80%, wound edge is well defined.

Conclusion

Principle of palliative care patients with pressure ulcer is not wound healing. The goals of palliative wound care include reducing pain, odor, exudates, bleeding, infection and increases the patient's comfort. But we found that if you use the right products, including factor that may cause delayed healing. Can help with pressure ulcers better than expected.



Reference

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